

Joan Mitchell-Abstract Expressionism

Saturday, Sept 7th, 2019, 11AM-4 PM led by Zoya Scholis



COURSE DESCRIPTION

Joan Mitchell (1925 to 1992) reminded us that uncertainty is ok-but so is confidence. In this workshop we'll use our full range of motion to work loose marks confidently while cultivating an appreciation for the chaotic aspects of painting expressively. Best of all, its fun as we paint freely and learn to see the possibilities. Please see materials list. Questions? Zoya@ArtforPersonalGrowth.com

ABOUT THE INSTRUCTOR

Zoya Scholis' teaching style often includes movement, improv games and music to enhance learning and creative inspiration. She is an award-winning painter who has been teaching since 1998. To view her resume please visit Zoyart.com

DETAILS

Fee: \$120

Please see materials list, class size limited to 10 participants
University Art, Redwood City: 2550 El Camino Real
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MATERIALS

Paint tubes or jars of acrylic paint
Any (red, yellow, blue, black and white),
Raw sienna
Burnt Umber
1 bottle of gloss or matt acrylic medium

Substrates: 3 large canvases, or panels size 16x20" or larger
1 large pad of newsprint, or white drawing paper, brown or gray craft paper, writing pad, pen or pencil & eraser.

Brushes: 2- Filberts 1 to 3 inches in diameter
1-3 Rounds
chip brushes of varying size

Other: large pad palette paper, spray bottle, wide-mouth water jar, plenty of rags, apron, lunch, drinking water, gesso, latex gloves

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AGENDA

11-11:30 Intro/overview/explanation of boundaries/
Name Game

11:30-11:45 who is Joan Mitchell and why do we love her
work?

11:45-12:30 Painting on paper exercise
format, square, portrait or landscape
speed, action, dance

12:45-1:15 LUNCH & choose "best" 3

1:15-1:30 Inner Child meditation

1:30-2:30 Paint on 2 substrates at once or individually

2:30-2:45 Poetry

2:45-3 Students add finishing touches (color?)

3-3:15 Clean-up

3:15-3:30 journaling on "key questions"

3:30-4PM Students Share

- What do appreciate about the day?